



## **Your Practical Guide to ... Slips, Trips and Falls**

***An injury from a Slip, Trip or Fall can have a major impact on your life. By instructing our experts to help you, you can be sure that you will be in safe hands.***

### **After a Slip, Trip or Fall you should:**

- Obtain the name, address and contact details of the owner of the property you had the accident on, if the trip was on a pavement or road it is likely this will be the local council, if it was in a shop or in a supermarket car park it will be the retailer.
- Obtain full details of any witnesses – they will be essential in proving your case.
- Take photographs of the scene. If possible include something that will help to scale and date the accident (such as a newspaper with date on it).
- If the slip, trip or fall happened in a shop, supermarket or other business premises, report the incident to the person in charge and request a copy of their report.

### **Seek Treatment:**

- If you are injured, seek medical advice, either visit your Doctor, or in more serious cases the local Hospital. Your medical records will be an important part of your claim.
- Keep a diary of your injuries as you go through the recovery process, this will play an important part in assessing the long term implications of your accident.

### **Can I claim?**

#### **You can claim if:**

- The slip, trip or fall happened in the last three years.
- Someone else was to blame for your injuries (for example, a spillage left in a dangerous position on an uneven surface or pavement).

*You have nothing to lose and everything to gain.*

*In most cases it is free to claim and you will receive 100% of your compensation if successful.*

*Remember, a claim must be made within 3 years of the accident, so don't delay.*

**Call Pinto Potts Solicitors on: 01252 361200**